

MEMBER STORY

FOR A SECOND MEDICAL OPINION CALL 1800 325 587 OR VISIT [MEMBERS.BESTDOCTORS.COM](https://members.bestdoctors.com)



NAME: Ben
AGE: 60

**REASON FOR CONTACTING
BEST DOCTORS:**

Ben's local specialists could not find the root cause of his symptoms

BEST DOCTORS EXPERT SPECIALTY:
Cardiology

“ I could see my exact condition reflected the expert report. Best Doctors had really listened to me and had pinpointed my problem.”

A retired police inspector, Ben had always been a keen sports enthusiast whose passion for running and cycling kept him active and in great shape. But one day while exercising, he suddenly became dizzy and short of breath.

Alarmed, Ben consulted specialists in four different fields and had extensive testing done. All of his results came out normal, except for a small embolism in his right lung, but it was far from clear if this was truly the cause of his symptoms.

After all of his consultations, Ben was left only with questions. Despite his older age, he was a man who could run a marathon and who clocked over 4,000 kilometres a year on a bicycle.

“ I had been to see four different specialists, but still didn't know what was wrong.”

Ben was wondering if he would ever be active again when his insurance representative told him that he had access to Best Doctors.

Best Doctors decided that the place to begin searching for clues was a renowned specialist in pulmonary medicine.

Reviewing Ben medical history and symptoms, this expert concluded that the lung embolism could not be the cause, but instead suggested that Ben could be suffering from a condition known as chronotropic incompetence, or the inability of the heart rate to keep pace with an increase in activity. The specialist recommended that Ben consult a cardiac electrophysiologist and be fitted with a pacemaker.

After receiving the Best Doctors report, Ben followed the referral and testing recommendations indicated. Just as the report findings had concluded, his electrophysiological test results indicated that a pacemaker was indeed what was needed.

Ben is now using a pacemaker, and his symptoms have disappeared. He is back on his bicycle, running again, enjoying his retirement and doing the things that he loves best.

“ I really loved Best Doctors personal touch.”