

## CASE OF THE MONTH

**by** Best Doctors

Here is a real life example of how we've given one of our members vital information to get on the right clinical path the first time.

## **REASON FOR CONSULTING BEST DOCTORS:**

To confirm diagnosis and find out if surgery was recommended

Best Doctors expert provides parents with key treatment recommendation

When Luis was just a few months old his parents noticed that he had developed a lump on his forehead. They had not noticed any symptoms, and Luis was progressing as normal, however they wondered if it had anything to do with his birth which had been vacuum-assisted. Concerned by the lump, they visited their local doctor who suggested that they undergo periodic examinations to monitor his progress.

A year later, whilst Luis continued to be symptom-free, the lump seemed to be increasing and a cranial CT scan showed a bone lesion, suspected to be a leptomeningeal cyst, a skull fracture caused by a trauma which continues growing. Luis was referred to a neurosurgeon but at this point his parents had no expectations as to the treatment that he would be likely to undergo.

Understandably very concerned, his parents contacted Best Doctors to ask for a second medical opinion, a service made available to them by their insurance provider.

Having discussed Luis' case in detail with his father and collected all of his medical records, the Best Doctors medical team found an international expert who carefully reviewed Luis' case and prepared an in-depth report on his findings.

We really valued the clarification that we gained from the expert's report. The monitoring and service provide was second to none.

## **BEST DOCTORS EXPERT SPECIALTY:**

Neurology

According to the Best Doctors expert, Luis did not have a leptominingeal cyst but rather a dermoid cyst which had occurred within the layers of the skull bone. He explained the reason behind the formation of these types of cysts so that Luis' parents understood the possible causes and were given the peace of mind that this was something which had simply occurred from birth.

What really helped Luis' parents was the Best Doctors' expert's clear recommendation that Luis undergo surgery to remove the lesion. He explained that Luis was at the right age and in good health for this to be done. By performing surgery early, the risks would be minimal and Luis would have no memory of the operation as he grows up. The expert explained exactly how the procedure would be carried out, giving indications as to how long it would take and things that the surgeons should be careful of.

The Best Doctors expert concluded his report by explaining that once the surgery has been performed there should be no need to have any specific follow-ups apart from those he regularly attends with his pediatrician.

Luis' parents were very grateful for the expert's recommendations and set to work straight away to find the best hospital in which Luis could undergo his operation. They were relieved to have received clarification surrounding the lump on Luis' forehead and the possible causes and are now feeling much more positive about the future.

I thoroughly recommend the Best Doctors service. The team is very professional and provide you with the support that you need when you are facing a complicated medical situation. They even contacted us after we had received the report to ask if we needed any further help.

If you have any questions about **Best Doctors** please call **Jamie Vickers**, Director Sales and Account Management on **+61414486596**.



## **BEST DOCTORS OVERVIEW**



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**Best Doctors collaboration a success for Luis** 



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