

FOR A SECOND MEDICAL OPINION CALL 1800 325 587 OR VISIT WWW.ASKBESTDOCTORS.COM



NAME: Laura
AGE: 47

**REASON TO CONTACTING
BEST DOCTORS:**

Find the root cause of her symptoms and new treatment options

BEST DOCTORS EXPERT SPECIALTY:
Obstetrics and Gynaecology

“ Best Doctors really saved me. If it wasn't for the expert, I would have never looked further afield. The report was the push I needed to look further to find the most accurate and current treatment for my condition.”

Laura, an active mother, experienced a complicated recovery after the birth of her second child. Laura decided to visit her GP who told her she had a vaginal prolapse, but that it wasn't an extreme case.

Although her GP seemed optimistic, Laura's symptoms progressively worsened. She sought out additional guidance from various doctors and was ultimately given two options. The first involved a full hysterectomy. Only being in her mid-thirties, this prospect naturally really scared her. The second option provided by her health care professionals was to insert a mesh implant which could permanently fix the prolapse.

To Laura the choice was simple and she went ahead with surgery to have the mesh implanted. However, during recovery she experienced a lot of pain, became ill and had to return to the hospital. The mesh itself started causing medical problems and it was then that Laura was sure something hadn't gone right.

Her treating doctors confirmed that her complications were caused by a continuous erosion of the mesh and that it couldn't be completely removed right away. Instead, they would have to conduct multiple surgeries for the removal of the eroded sections of the mesh. Laura grew more defeated during the entire process because her discomfort continued to worsen. She even developed coccyx pain, pelvic pain and urge urinary incontinence.

“ The situation was affecting my whole life. I had enough and I didn't want any more operations without improvement. I felt desperate.”

Her insurer recommended she contact Best Doctors to request an expert second medical opinion; a complimentary service included in her policy.

With the help of her assigned nurse, Laura was able to compose a detailed history of her medical condition's evolution. In addition, she explained her grave concerns that her pain had extended from her pelvic area to her coccyx and her inability to control her urine.

The Best Doctors team then collected all of Laura's medical records on her behalf and consulted their database of international specialists to select a top expert, specialised in obstetrics and gynaecology to review her case.

When Laura read her expert's report she was surprised by the level of detail in the recommendations provided to target the various pain points she was experiencing. The expert gave an in-depth explanation about various causes of her pain and what additional diagnostic tests should be considered to analyse all possibilities.

He also provided Laura with a long list of new treatment options that she and her treating doctors could also explore. She felt truly reassured because all of her doubts were addressed by her Best Doctors expert.

“ Wonderful report, there is so much in there that nobody ever told me before. I will restart my doctors' appointments again, but this time, with more hope and armed with the Best Doctors report.”

Laura decided to follow the recommendations of the Best Doctors expert. When she learned that the most appropriate surgeon to handle her case was actually outside of her own country, she felt armed with additional knowledge about her case and connected with an American doctor who is able to completely remove the mesh. He confirmed that Laura was lucky that she hadn't had the hysterectomy as it was likely to result in medical complications when removing the mesh. Best Doctors gave her the confidence she needed to find the right and most effective treatment.

**THANKS TO THE BEST DOCTORS EXPERT,
LAURA RECEIVED NEW TREATMENT OPTIONS
THAT POSITIVELY IMPACTED HER QUALITY OF LIFE.**